

FREMONT YSC

RETURN TO PLAY PATHWAY

RESUMING PRACTICE FOLLOWING COVID-19



Covid-19 Update

All the information we have for you is based on what we are learning from CDC, US Soccer and NorCal Premier. Along with this we are very fortunate to have on our board relationships with scientists in the field of immunology and molecular genetology. Our decision to return will not be based on politics, media, or pressure from other sources outside of our control for a return to practice. Our priority is the health and safety of players, staff, and all the families of Fremont YSC.

The following information will –

- Provide and update on the current situation.
- Help with preparing for on field return to practice once it is safe.
- Expectations and policies to be put in place.

Language –

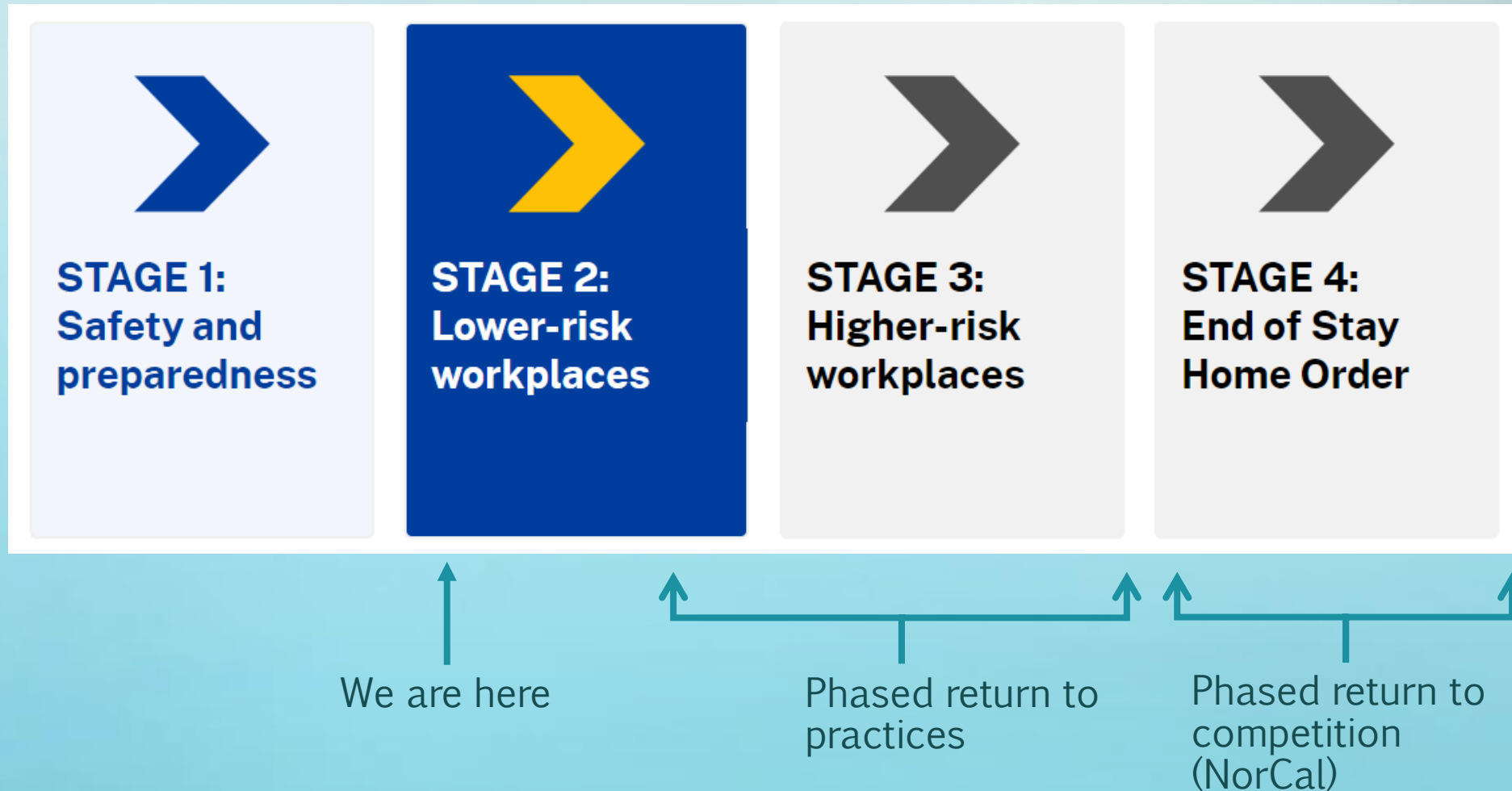
- The State/Counties are opening in stages.
- Fremont YSC will be returning in phases

Current Alameda County Stage

- California is still under a shelter in place order.
- The State is currently entering Stage 3 of re-opening.
- Alameda has been considered a hotspot and remains in the early stages of Stage 2.
- The City of Fremont do not anticipate any opening of facilities until Stage 3, in which they believe will be late June.
- We are dictated by local mandates with how we return to practice.



Returning to Practice – Fremont YSC



Returning to Practice – Fremont YSC Phases

All information subject to change as scientific research dictates best practices and State/County/City orders affect the return to play. All decisions are based on ensuring the safety and wellbeing of all involved.

Phase 1

- No contact
- Individual training
- No more than 8 participants per group
- No more than 32 participants per playing field
- Participants at 10 feet from each other
- Staggered start times to avoid incoming group, practice times of 30 minutes
- No sharing of equipment or water
- One entrance and one exit to the facilities
- Parents must remain in their cars if staying at practice location once a player has been walked up to the entrance. Parents must wear a mask.

Phase 2

- Small group practices, 8 players per group, maximum of 4 v 4 games
- Minimal physical contact
- No more than 32 participants per playing field
- Staggered start times to avoid incoming group, practice times of 30 minutes
- No sharing of water
- One entrance and one exit to the facilities
- Coaches must stay with their group only
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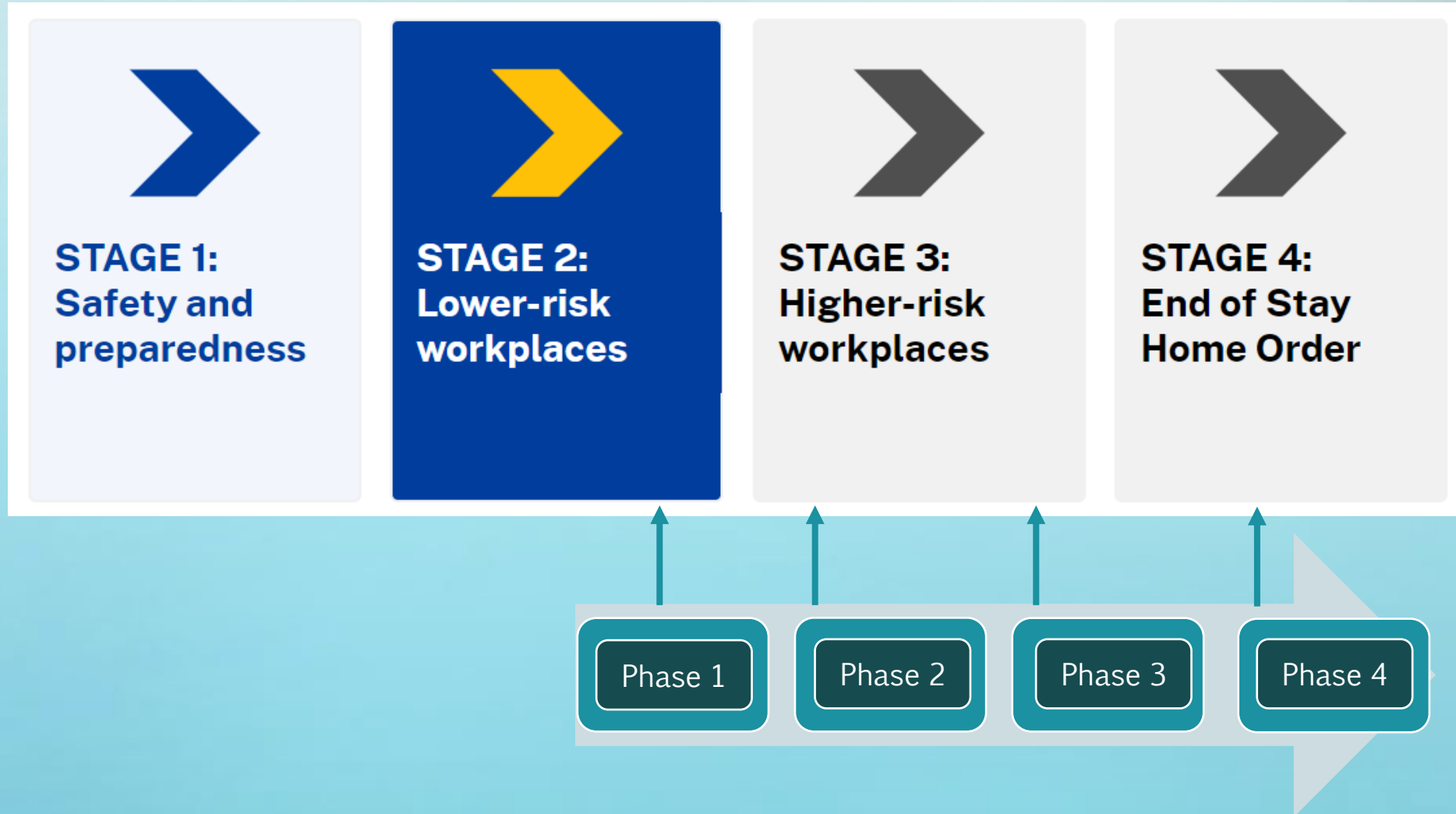
Phase 3

- Regular team numbers per groups
- No limit on number of players on the field
- Scrimmages only within the team environment
- Practice schedule returns to regular times and group sizes
- Minimum contact encouraged
- No sharing of water
- One entrance and one exit to the facilities
- Coaches must stay with their group only
- Parents must stay outside of the fencing around playing locations.

Phase 4

- Full return to practices
- No restrictions on training sessions
- Coincides with the return to competition with playing leagues
- Social distancing still recommended around the training area
- No sharing of water
- Parents must stay outside of the fencing around playing locations.

Returning to Practice



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Phase 1

- All coaches must use their own equipment, and spraying down of equipment between groups entering the facilities
- Parents must confirm during registration that they are aware of the risks of Covid-19 and will support the re-opening of youth soccer, including the importance of keeping players who are ill at home, and notifying the club immediately if there is any case of Covid-19 within the household.
- All coaches will wear face masks during this phase, and players will have the option to wear face masks based on their preference.
- Sanitizer at the entrance and exit of facilities.
- One staff member will help players with entering and leaving the field.
- Players should arrive in the clothing they will be practicing in and must maintain social distancing with no team huddles or grouping.
- Signage at the field to direct players to their practice areas, and material sent to parents to maintain healthy habits and good hygiene.
- Coaches must keep a record of player attendance through the TeamSnap app, important for tracking and tracing if requested by local health authorities.
- Players encouraged to use restrooms before attending practice, there will not be a restroom break during the practice.

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Phase 2

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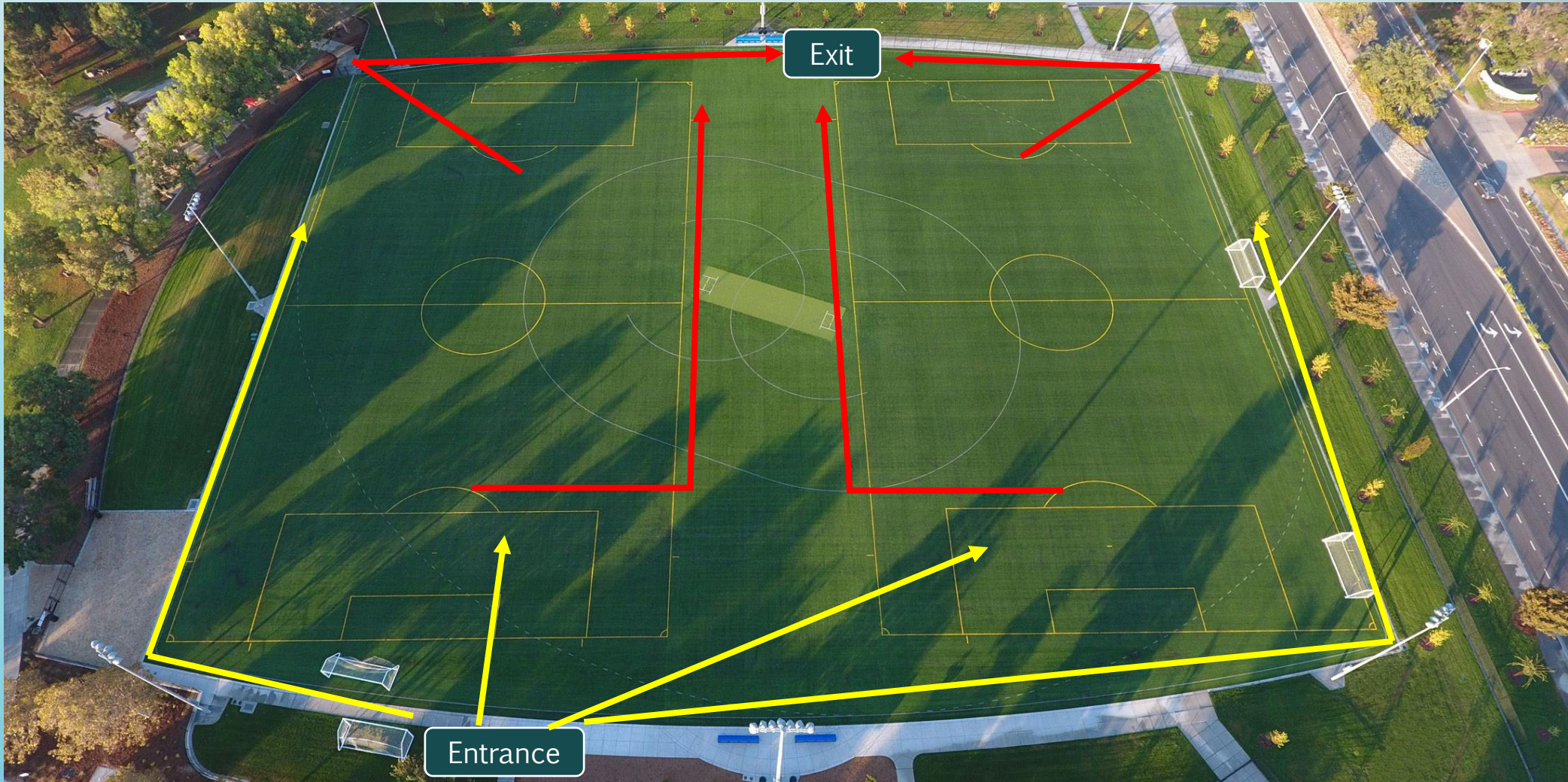
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Phase 4

- Social distancing still encouraged around the playing area of players.
- Coaches no longer need to wear masks; this is now voluntary.
- Sanitizer at the entrance and exit of facilities.
- Parents must remain outside of the fencing at practice locations.
- Coaches must keep a record of player attendance through the TeamSnap app, important for tracking and tracing if requested by local health authorities.

Returning to Practice – Location Example



Returning to Practice – Fremont YSC Phases

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If returning to the program in Phase 1, we will return to the Zoom platform until it is safe to transition to Phase 2 –

- Health, stage 2 of the re-opening of the county is still at a risk of people's health.
- Psychological, kids are being asked not to physical interact and remain isolated, while needing to take significant safety precautions, this can create a sense of fear.
- Everything in Phase 1 can be completed online at home.

Phase 2

Small group practices, 8 players per group, maximum of 4 v 4 games
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20/21 Season – Club Membership Fees

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- We anticipate returning to the program in Phase 2 of our return to training.
- Upon the start of the new season, fees will be as per the regular fee amount of initial membership fee, then the installment structure of 11 instalments.
- If we need to return to Phase 1, the online Zoom format, then fees will be adjusted for those weeks at a rate of 50%.
 - Please understand we still have many expenses when not physically on the field, and even at a 50% reduction we will be operating at a loss.
- If not wanting to participate in Zoom, if we start in Phase 1, then a participant can choose to register paying the registration fee to keep their roster spot and have their installments frozen until entering Phase 2.
- If we move down to Phase 1 having already started the program, then the participant has the option of either canceling with the one-time forfeit fee (regular installment amount) and having their spot open to others or transitioning to online platform at the 50% rate.
- Members are not subject to a season contract where a full seasons fees are due no matter what the situation. We have never subjected our members to long term contracts and have always provided an option of leaving the program.

20/21 Season – Evaluation Process, Timelines

- There will not be an official evaluation event.
 - We do not believe this is in the best interest of a youth player. While we as a club do not put pressure on the players, players can feel perceived pressured by such an event. Returning to soccer should be fun and enjoyable, and a release from the recent psychological and social stresses of shelter in place.
- All returning players to the Competitive program will be assigned back to their teams from the 19/20 season.
 - We as a club operate within a structure where there is constant communication between coaches, and the players are the priority. We are aware of players that we feel could benefit from moving between teams for their development. These players will be communicated with ahead of registration for the season.
- New players to the program will remain as open rostered players, and during the first week back at practice will be evaluated so we can place the player into the appropriate team.
 - Coaches will let the director know of the team assigned to, and an invite to join the program will be sent to the family.

Timelines

- June 21st - Sign up to the Evaluation form for team assignments to be completed, and practice schedules can be drafted.
 - Week of June 22nd we will hold virtual meetings for an introduction to the soccer clubs' operations, philosophy, and education ahead of registration.
- Competitive season registration opens July 1st, deadline to register July 24th. Season starts July 27th.
 - Players who have not completed registration or applied for Financial Aid by July 24th will have their spots released.