



FREMONT

YOUTH SOCCER CLUB

RAW DRIBBLERS

PROGRAM INFORMATION

Grassroots is the foundation and entry level for many youth soccer players. Grassroots provides an environment where kids are free to play, referred to in coaching methodologies as ‘free play’, and ‘deliberate play’.

‘Deliberate play is defined as ‘sport activities they engaged in during childhood that were inherently enjoyable and differ from organized sports and adult-led practices such as deliberate practice’, (Cote, 1999).

Fremont Youth Soccer Club has an established development model of sports participation (DMSP), grounded in the research of Cote and Wall (2007), providing pathways for players to sample multiple sports, and incorporate age-appropriate coaching methodologies to support the holistic development of the individual. Due to the lucrative business of youth sports, organizations encourage early specialization, monopolizing on parent's fear of not providing specialized and professional coaching from young ages. However, it is well researched that this is not in the best interest of the player and offers no significant advantage to the child but in fact harms their growth and future potential, (Crome and Temple, 2015; Wiersma, 2000; and Witt, 2018).

A coaching philosophy must support a development model, as without a positive relationship between philosophy, methods, and pedagogy, the club's vision in providing an environment for holistic development cannot be achieved, ‘the Football Development Model will only take you so far’, (Wein, 2007). A coach's philosophy should be one that includes: a warm greeting, acknowledgement (thumbs up, smile, high five), engagement, empowering players to be decision makers and listening to what they say, support learning, provide a fun environment, and encourage through positive reinforcement.

Raw Dribblers is a free play experience of the game for the first time for many, where technical coaching is not the priority, but introducing finer movements players to support motor skills, and basic game insight through play. This is achieved through age-appropriate activities, with a ball, and empowerment for the individual to learn at their own rate and experience the game from their viewpoint. This structure supports the individual to be a decision maker, and ultimately the first steps towards motivation and confidence in a sporting context. Incorporated into all of this is our Club Game Model, of specific fast feet movements, to introduce ball manipulation, and handling movements and touches, as the starting foundation.

Recommended Reading - ‘Mindset’, Carol Dweck

Thank you for your time and effort in providing youth soccer players with an environment that is safe and fun. I look forward to working with you all over the coming season.

Thank you,

**Dai Redwood
Executive & Sporting Director, Fremont YSC**

LOCATIONS

Raw Dribblers is held over 2 locations. Central Park Soccer Complex, and Leitch Elementary.



Central Park Soccer Complex



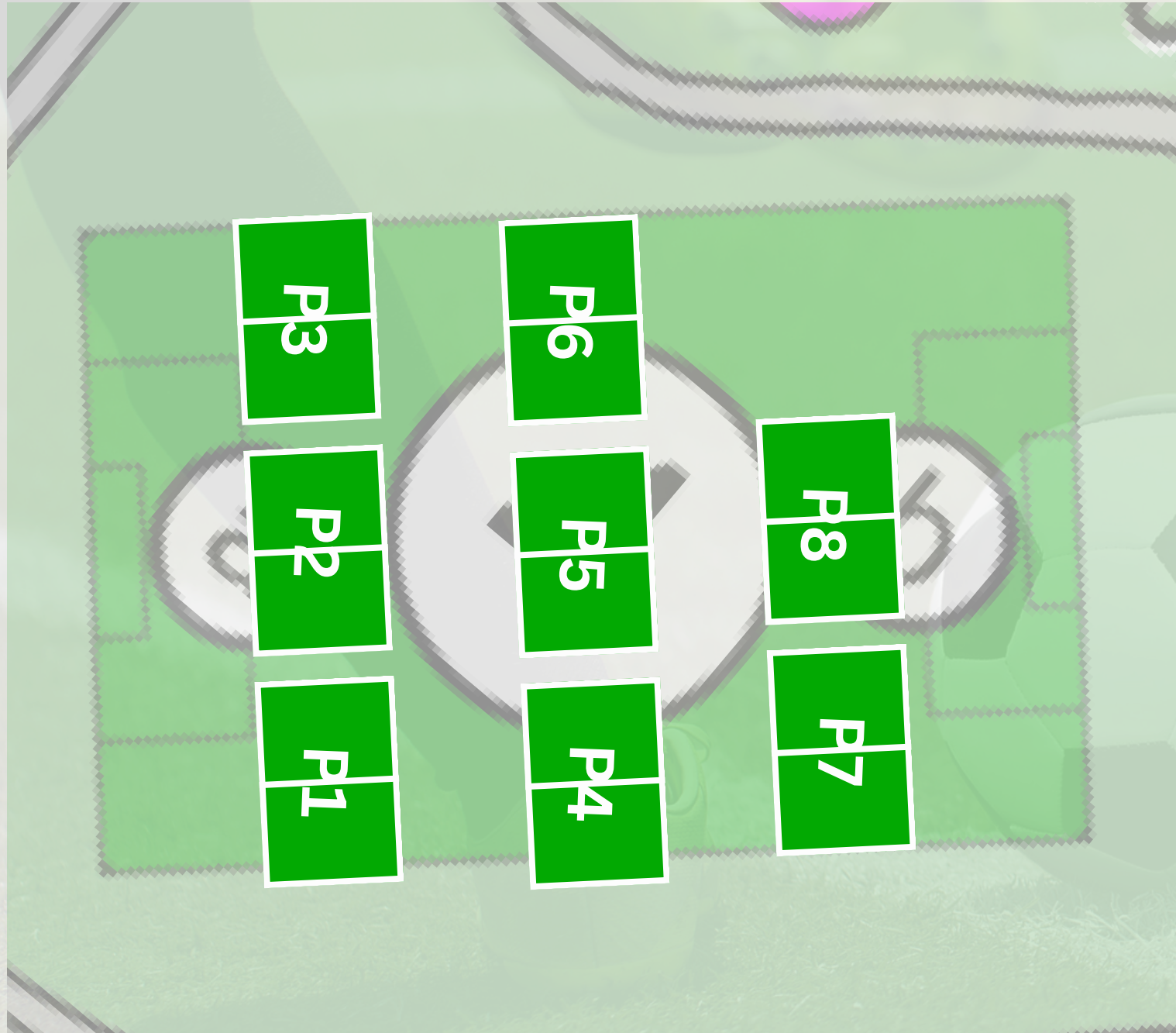
Weibel Elementary

LOCATION - CENTRAL PARK PLAYING AREA



- Sessions take place on Field 4 at Central Park.
- Every group is named so it matches that of a specific session location at Field 4.
- Players coming from Weibel on Saturdays, your group name matches a playing location at Central Park.

LOCATION - CENTRAL PARK PLAYING GROUPS



- When arriving at the field, go to your specific session location. Have your child go to the coaches in center of the playing area.
- Please stay on the outside of the playing area, this gives the kids space, and coaches a more visible outline of the playing area.
- Coaches will be wearing the Adidas pinnie.

LOCATION - WEIBEL PLAYING AREA



- Sessions take place on the back field.
- Every group is named so it matches that of a specific session location within the back field.

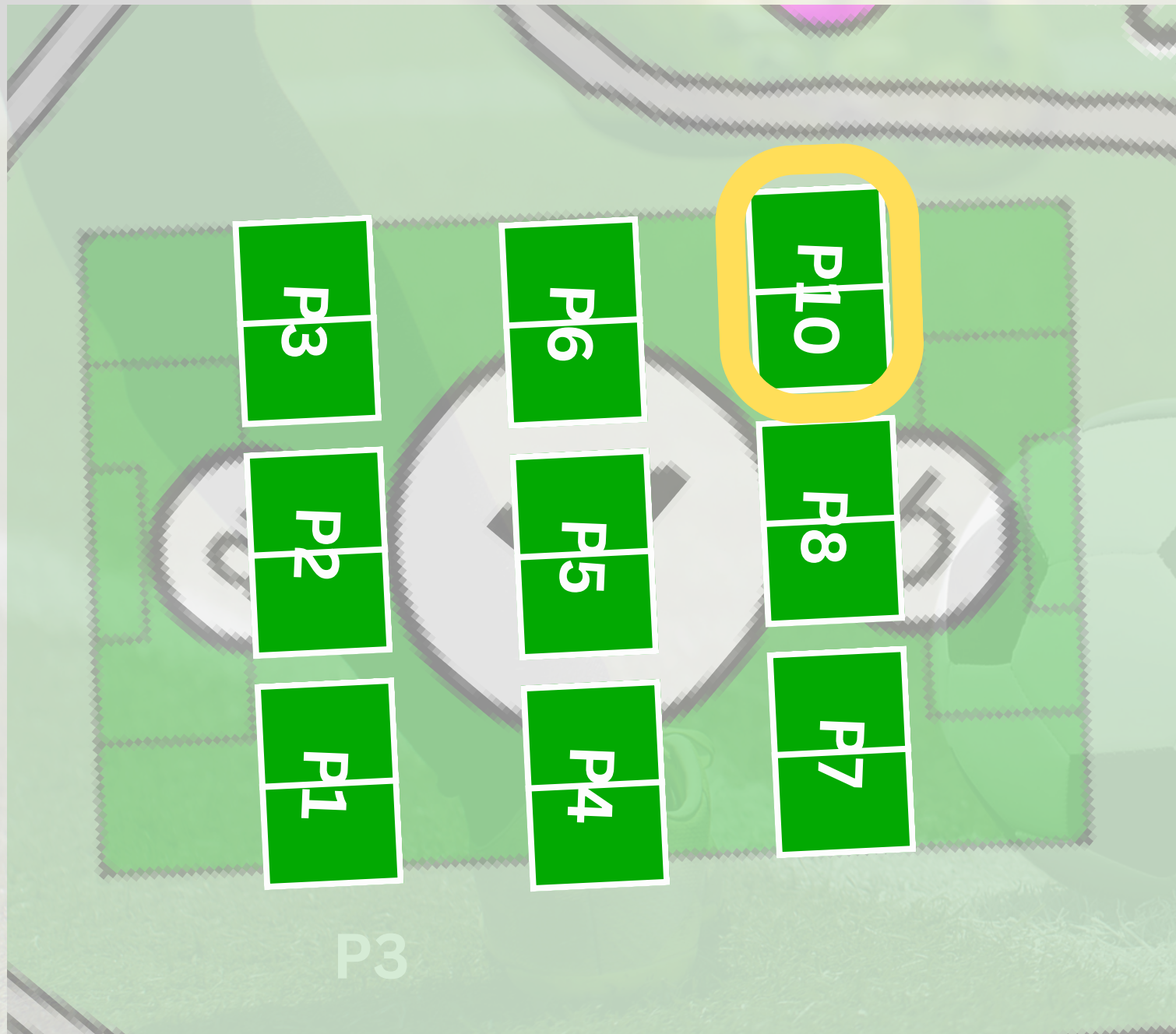


LOCATION - LEITCH PLAYING GROUPS



- When arriving at the field, go to your specific session location. Have your child go to the coaches in center of the playing area.
- Please stay on the outside of the playing area, this gives the kids space, and coaches a more visible outline of the playing area.
- Coaches will be wearing the Adidas pinnie.
- Please respect the playing area during other times

LOCATION - CENTRAL PARK PLAYING GROUPS (SATURDAY)



- When arriving at the field, go to your specific session location. Have your child go to the coaches in center of the playing area.
- Please stay on the outside of the playing area, this gives the kids space, and coaches a more visible outline of the playing area.
- Coaches will be wearing the Adidas pinnie.
- Weibel will be added next to P8.

DONT FORGET ...



- Check your TeamSnap app for your group
 - This is your group for the program, and also the playing area at your field location.
- Fremont YSC program uniform
 - Wear whichever color your child would like on the day.
- Size 3 Ball
- Plenty of liquids
- **IMPORTANT** - to let your child play with freedom and a smile

Program Details: <https://www.fremontyouthsoccer.com/grassrootsu8>