



FREMONT

YOUTH SOCCER CLUB

PARENT WORKSHOP

EVALUATIONS



WELCOME TO FREMONT YSC

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WELCOME TO FREMONT YSC

Executive and Sporting Director

- MSc Advanced Performance Football Coaching Degree (Distinction)
- BSc (Hons) Sports Coaching Degree
- UEFA B Senior and Youth License (F.A.W.)
- Multiple F.A. Awards (Talent ID, Psychology)
- League Managers Association (Talent Identification)
- USC (NSCAA) Premier Diploma
- USC (NSCAA) Director of Coaching Diploma
- Manchester City Academy Coach
- SoCal PDP Staff Coach
- Multiple International Visits to Elite Academies

Dai Redwood



OUR MISSION

We aim to provide a positive and nurturing environment for soccer players of all levels to develop their soccer ability and human element, with all players having the opportunity to be a club member no matter the socioeconomic situation.

OUR VISION

Youth soccer is an individual journey within a team context, where the ball is always the focus and point of reference throughout the learning of soccer. Players will be encouraged and nurtured to be creative, and problem solvers, using the environment they are in to find solutions to the problems they face.

Fremont YSC is more than a collection of age group teams, but a club with members, where we are all together as one club, with it's single identity for all players, parents, and coaches to be proud to be a member of.

**WE ARE
FREMONT
YSC**



PHILOSOPHY

An holistic approach to all round player development through play activities. A development program where players can learn in an environment free from pressure of mistake or judgement by outcome, but a focus on process and growth, leading to performance. The mindset developed in the player is open to learning, acceptance of making mistakes is part of the process, and learning by building on their experiences.

Fremont YSC encourages players to be creative and to play without fear of mistakes.

Competing through framing of individual growth, and value of presenting your best self in competition.



CORE VALUES

What is our
community built
upon?

Empathy
Community
Inclusivity

FOUNDATION

Fremont is a **coming together** through the Washington Township, Wally Pond in 1956 was the leader who brought the districts together to form the City of Fremont. Modern day Fremont is **culturally diverse**.

Creativity
Innovation
Empowerment

PROCESS

Fremont's Niles district became the earliest home to California's motion picture industry. In the late 1990's, a boom in Fremont's tech employment, linking Fremont to the famous Silicon Valley brand name.

Fun
Commitment
Excellence

RESULT

Fremont Ranks **No. 1** in the Nation for Happiest Cities, **No. 1** Most Inclusive City by the Urban Institute, Named **Best Place** To Raise A Family In California.

CORE VALUES

What is our club
built upon?

Empathy
Community
Inclusivity

Associated Behaviours

Friendly and welcoming to all club members, and members of the community.
Acceptance/Respect of everyone, of their strengths and weaknesses, and learn from what makes us all different. No name calling or making fun of anyone whether in performance or for their differences.

Creativity
Innovation
Empowerment

Dedicated in self improvement, and working for others on the team; players and coaches.
Committed and disciplined in individual pursuit of growth and continued learning.
Enthusiastic to try new things in creating your individual identity.

Fun
Commitment
Excellence

Social awareness of when to joke around, and when it's time to concentrate.
Being there for others, an important component within your team environment in setting the bar for **excellence**.

BEHAVIOURS

What is our culture?

Respect

Associated Behaviours


In Action - we move on from mistakes and fix them. Show **respect** to opponents before, during, and after games. **Respect** officials decisions. Of self - wearing the club attire at club events, training, games, dress **presentable**. Greet coaches and players when arriving and leaving training.

Accountability

In Action - desire to **compete**, a winning mentality. **Work hard** for the team in all phases. Desire to improve individually, investment in learning. **Celebrate** all successes. Of self - **commitment** to practicing at home for self development. Take mentality into school to **give your best** academically

Integrity

In Action - **work and support** for your team mates. Give everything you have to the collective effort. Be a **role model** to younger players. Of self - help and support coaches with training and game day equipment. Setting high standards for others to follow, **integrity**.



OUR CORE VALUES SHAPE THE BEHAVIORS, AND IDENTITY OF FREMONT YSC, A REPRESENTATION OF FREMONT, AND AN IMPORTANT PIECE OF SCAFFOLDING IN THE DEVELOPMENT AND IMPLEMENTATION OF THE LONG TERM DEVELOPMENT PLAN THROUGH REFERENCE TO A GAME MODEL.



WORKING TOGETHER



A Club Development Plan aims to provide an overall strategic framework for the development of players, parents, coaches & the club. Successful clubs have a well-defined organizational structure, detailed player and coach development programs, and excellent administration.

'To create success, EVERYONE'S noses must be pointing in the same direction'

Sir John Harvey-Jones

PHILOSOPHY

LONG TERM SPORTS PARTICIPATION MODEL

Pathways One and Two

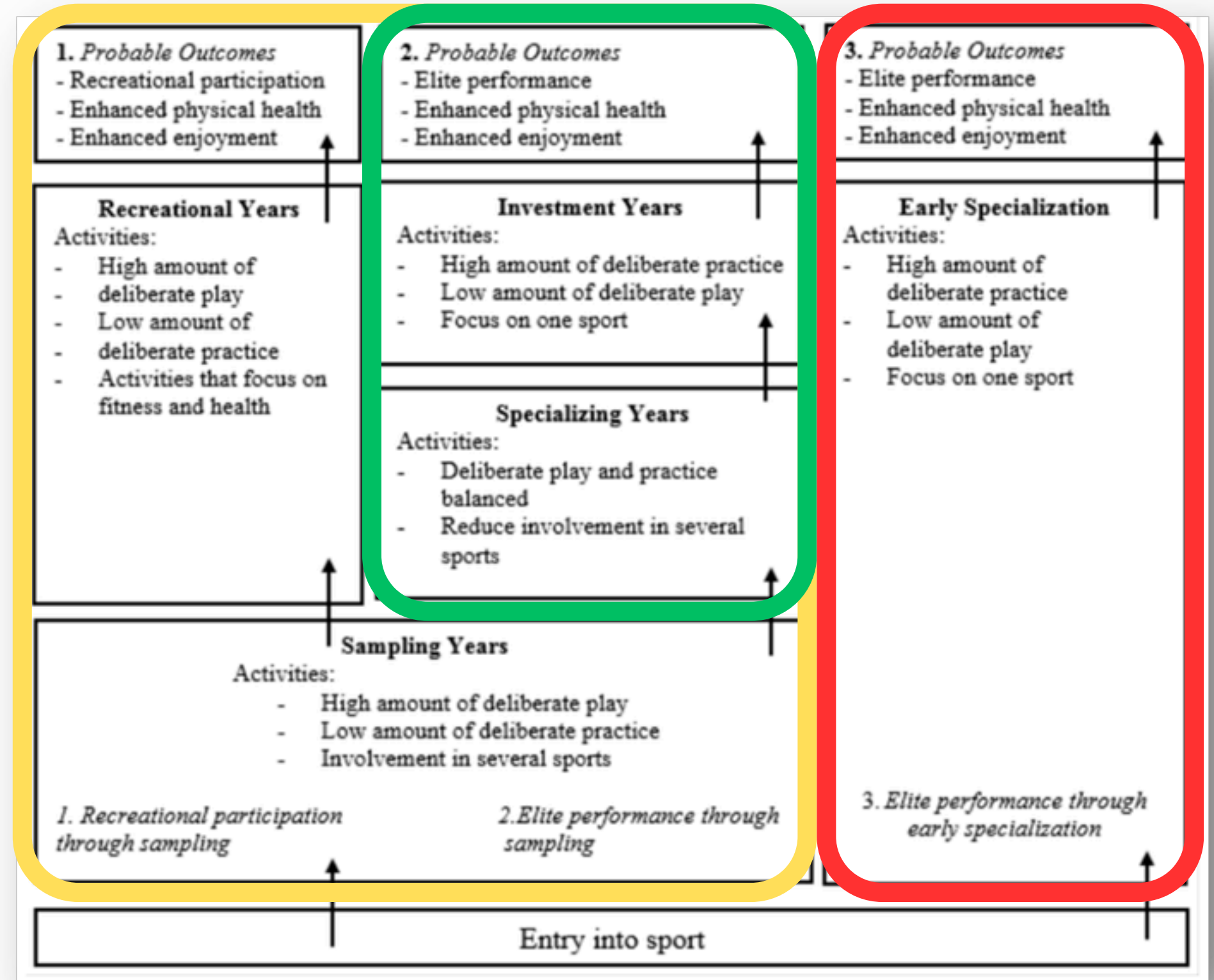
Early sampling serves as the foundation for both elite and recreational sport participation.

1) Involvement in various sports (Grassroots)

2) Participation in deliberate play (Training Pool and Competitive)

Pathway Three

Elite performance through early specialization in one sport.





LEARNING THROUGH PLAY

Playing Stages



01

Movement through Play

- New Players
- Start of pathway

02

Fun through Play

- New Players
- Start of pathway
- Enjoy
- Build Confidence

03

Learning through Play

- Some experience
- Emulate your idols
- Team mentality

04

Progress through Play

- Experienced players
- Grow
- Improve
- Develop

05

Performance through Play

- Good players
- Demonstrate talent
- Maturity as player
- Maturity as person



LEARNING INFORMED PHILOSOPHY

CREATE THE ENVIRONMENT

DEVELOP THE PERSON AND PLAYER

PLAY THE GAME

FOUR KEY ELEMENTS TO LEARNING

ENVIRONMENT

TEACHERS

LEARNERS

TASK



CULTURE/
INTERACTIONS

COACHES

PLAYERS


CONDITIONS/
CHALLENGE



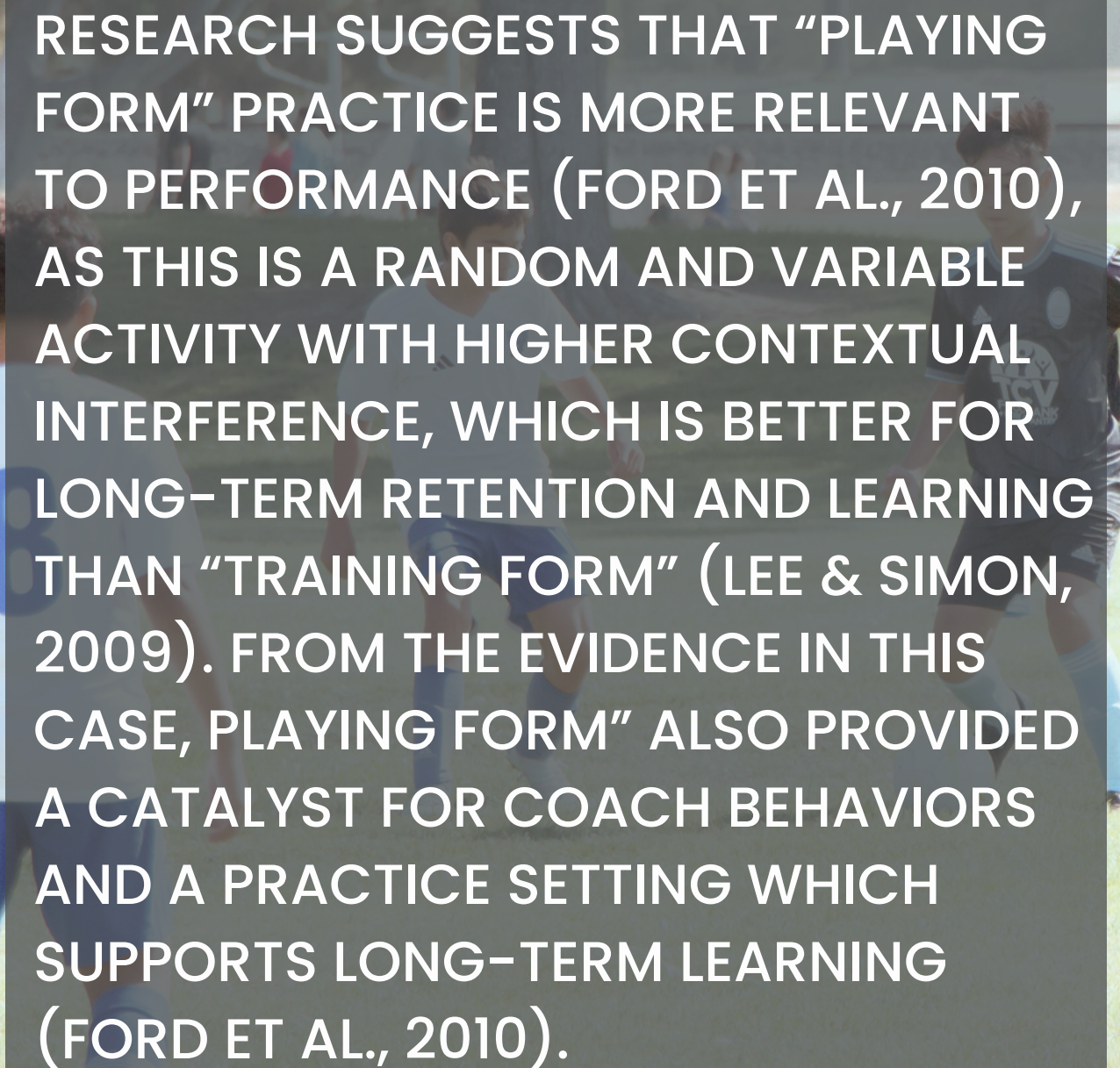
GUIDED BY RESEARCH



Traditional coaching methods rely heavily on the transfer of sport specific knowledge from coach to athlete, with little integration of athlete involvement in the learning process, and continues to be prevalent in modern coaching practices from a lack of awareness for coaching behaviours. Becker (2009) challenges the flawed perception of great coaches, identifying society's criteria of win/loss records and media attention; this is a limiting criterion as so few will have such resources, while many 'great coaches' are known for unruly behaviour.



THE CHALLENGE TO MORE MODERN APPROACHES TO COACHING IS THE TRANSITION FROM THE MORE TRADITIONAL COACHING METHODS, IDENTIFIED AS “HIGHLY DIRECTIVE, AUTOCRATIC, AND PRESCRIPTIVE” (SMITH ET AL, 2022); THIS A RESULT OF COACHES RELYING ON INTUITION AND EMULATION OF OTHER COACHES (PARTINGTON AND CUSHION, 2013). HARVEY ET AL (2010) STRESS THE NEED FOR COACHES TO EMBRACE MORE EXPERIMENTAL AND EVIDENCE-BASED APPROACHES.



RESEARCH SUGGESTS THAT “PLAYING FORM” PRACTICE IS MORE RELEVANT TO PERFORMANCE (FORD ET AL., 2010), AS THIS IS A RANDOM AND VARIABLE ACTIVITY WITH HIGHER CONTEXTUAL INTERFERENCE, WHICH IS BETTER FOR LONG-TERM RETENTION AND LEARNING THAN “TRAINING FORM” (LEE & SIMON, 2009). FROM THE EVIDENCE IN THIS CASE, “PLAYING FORM” ALSO PROVIDED A CATALYST FOR COACH BEHAVIORS AND A PRACTICE SETTING WHICH SUPPORTS LONG-TERM LEARNING (FORD ET AL., 2010).

FOUNDATION PHASE

Youngest Age Groups are Assigned by Birth Year. Older Age Groups are Assigned by Rate of Development and Identification of the Individual Player Elements, and Supporting Structures

Training Pool

- U8 (Double age group including U7's)
- Assigned to groups based on birth month ranges

U9 and U10

- Club program, weekend games
- Players assigned to teams based on birth month ranges
- Techne Platform
- Individual Development Plans

U11 and U12

- Club program, weekend games
- Futsal event for selected players
- Players assigned on rate of development, reference to LTDP
- Techne Platform
- Individual Development Plans

FOUNDATION PHASE TP TO U12

AGE APPROPRIATE PERIODIZED CURRICULUM

CONSTRAINTS LED COACHING

GUIDED DISCOVERY

FUNDAMENTAL MOVEMENT SKILLS

SMALL SIDED GAMES

MULTIPLE PLAYING POSITION EXPERIENCE

MULTISPORT EXPOSURE



DEVELOPMENT AND PERFORMANCE PHASE

Age Groups are Assigned by Rate of Development and Identification of the Individual Player Elements, and Supporting Structures.

U13 to U16

- Club program, weekend games
- Home Tournament Entry
- State Cup for ID I
- Multiple teams in an age group, pending player numbers
- Assigned to team based on reference to player development pathway
- Individual Development Plans

U19

- Club program, weekend games
- State Cup for Senior teams, Home Tournament for ID I
- College Showcase for Senior teams
- Multiple teams in an age group, pending player numbers
- Assigned to team based on reference to player development pathway
- Individual Development Plans

DEVELOPMENT PHASE U13 TO U17

AGE APPROPRIATE
PERIODIZED
CURRICULUM

CONSTRAINTS LED
COACHING

PRINCIPLE
ALIGNED
DEVELOPMENT
PATHWAY

FUNDAMENTAL
MOVEMENT, AND
SPORT SPECIFIC
SKILLS

PHYSIOLOGICAL
CONDITIONING
ALIGNED TO
MATURATION

SMALL SIDED
GAMES



Every team is named based on the year of birth, gender, and assigned team, i.e. 2014 Boys ID I

**FN
FOUNDATION**

- This is the stage of learning: when players are assigned by birth month in attempts to address relative age effect.
- Ideally this would continue up to U12.
- There is no bias towards perceived level of a player.
- Players are moved depending on maturation, not ability.

**ID
IDENTIFICATION**

- A player has been identified as showing development in the key player elements in reference to our game model.
- Players must align holistically, displaying the values and behaviors of the club.
- Players potential is assessed by commitment to games and training

**SE
SELECTION**

- A player has been selected for the team as the most suitable place to support their individual development.

**PERFORMANCE
PHASE
U19 +**

AGE APPROPRIATE
PERIODIZED
CURRICULUM

CONSTRAINTS LED
COACHING

PRINCIPLE
ALIGNED
DEVELOPMENT
PATHWAY

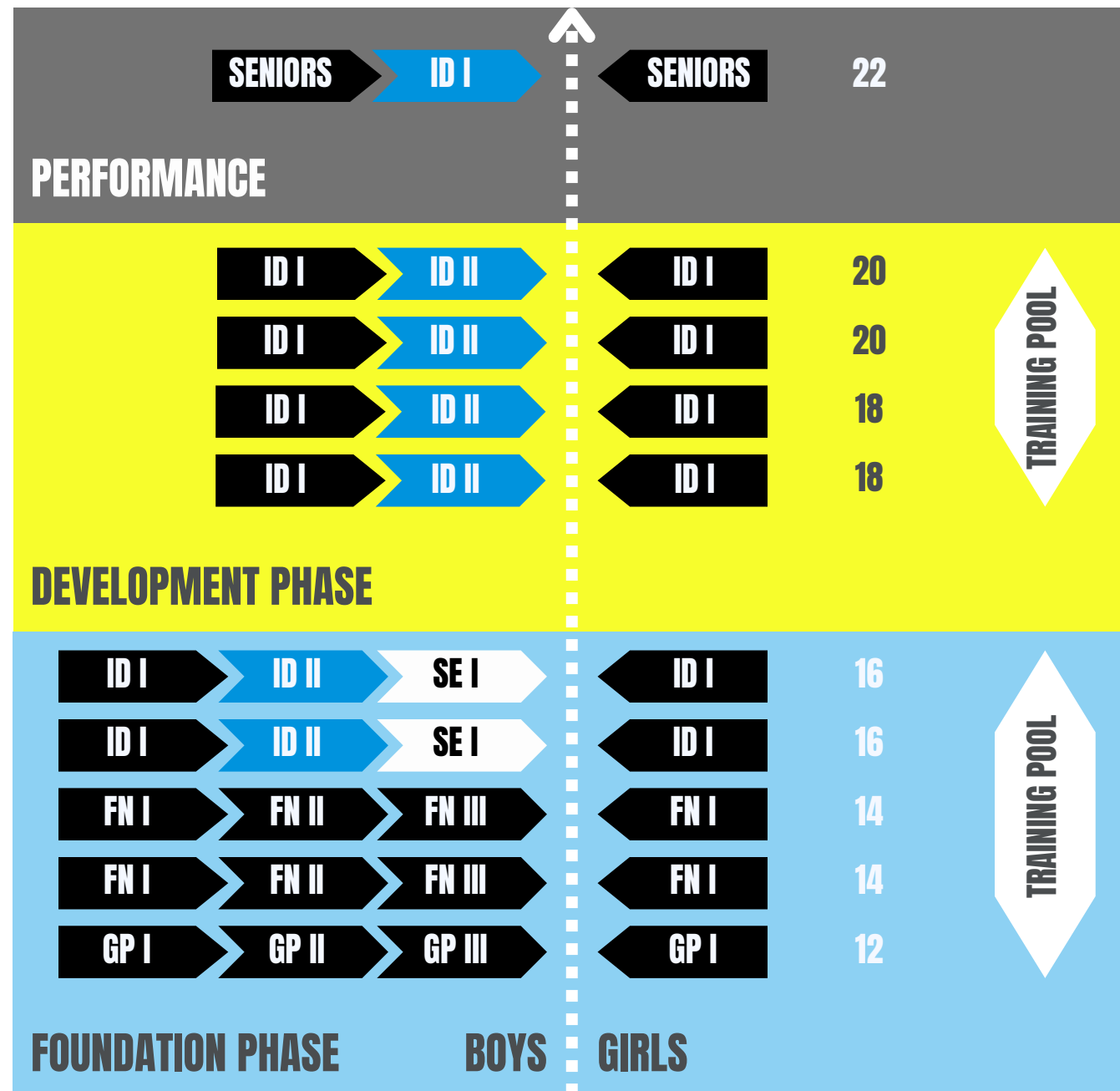
RECOVERY AND
INDIVIDUAL
DEVELOPMENT
PLAN MODELS

SPORT SPECIFIC
SKILLS

COLLEGE
SHOWCASE EVENT

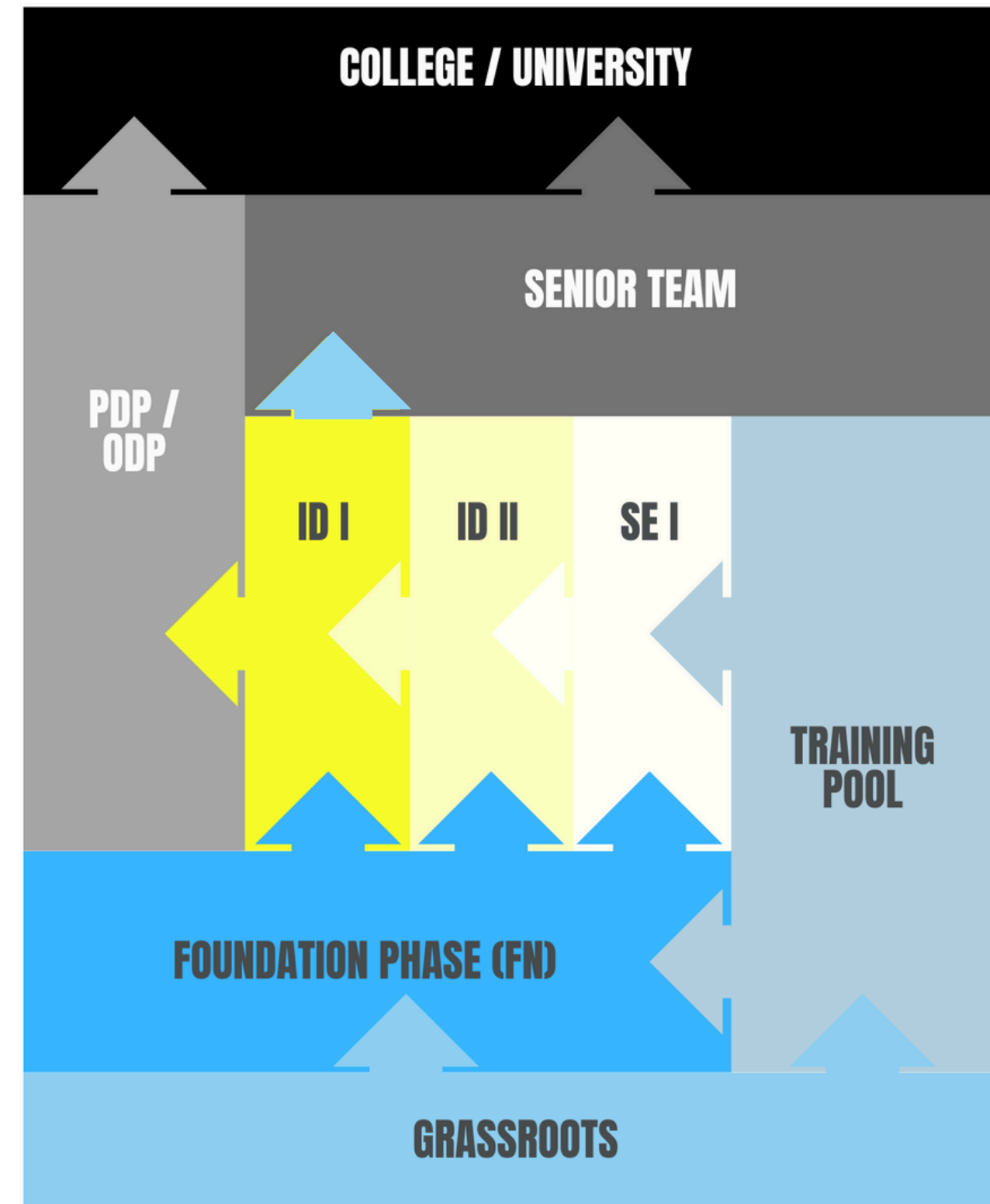


TEAM STRUCTURE



* Club growth and objective to develop girls program to match the boys structure

DEVELOPMENT PATHWAY



FREMONT YOUTH SOCCER . COM



EVALUATION PROCESS

Fremont YSC Talent Identification and Team Selection will take away the pressure of testing, taking a snapshot of the player's current level of ability, placing them in to pools/teams of similar ability, enabling individuals within that group of players to have the best possible opportunity to grow. A Talent Identification is a predication of future performance, no one can accurately predict the development of any player, as maturation years will affect the player as a whole.

STEP 1: ONLINE SIGN-UP

Upon completing your online registration, Club Directors will be placing you in to a group. You will see the group at the top of your TeamSnap homepage. This is also the letter for the field you will go to when arriving at the field.

STEP 4: REGISTER FOR THE SEASON

Registration link will be sent following the parent workshop. Registering early is important so you can get uniforms ordered and player passes processed in plenty of time before the start of the new season.



STEP 2: ATTEND THE EVALUATION

No check-in, coaches will have the TeamSnap roster and will take attendance. Evaluations are not a test, players are placed into groups appropriate to their rate of development. It should be fun and expressing themselves freely. Please do not apply any pressure.

STEP 3: PARENT WORKSHOP

Following the evaluations, you will be invited to a parent workshop covering our philosophy, theory behind coaching practices, logistics, the season dates and registration. This will introduce you to the program and set expectations.

EVALUATION STRUCTURE

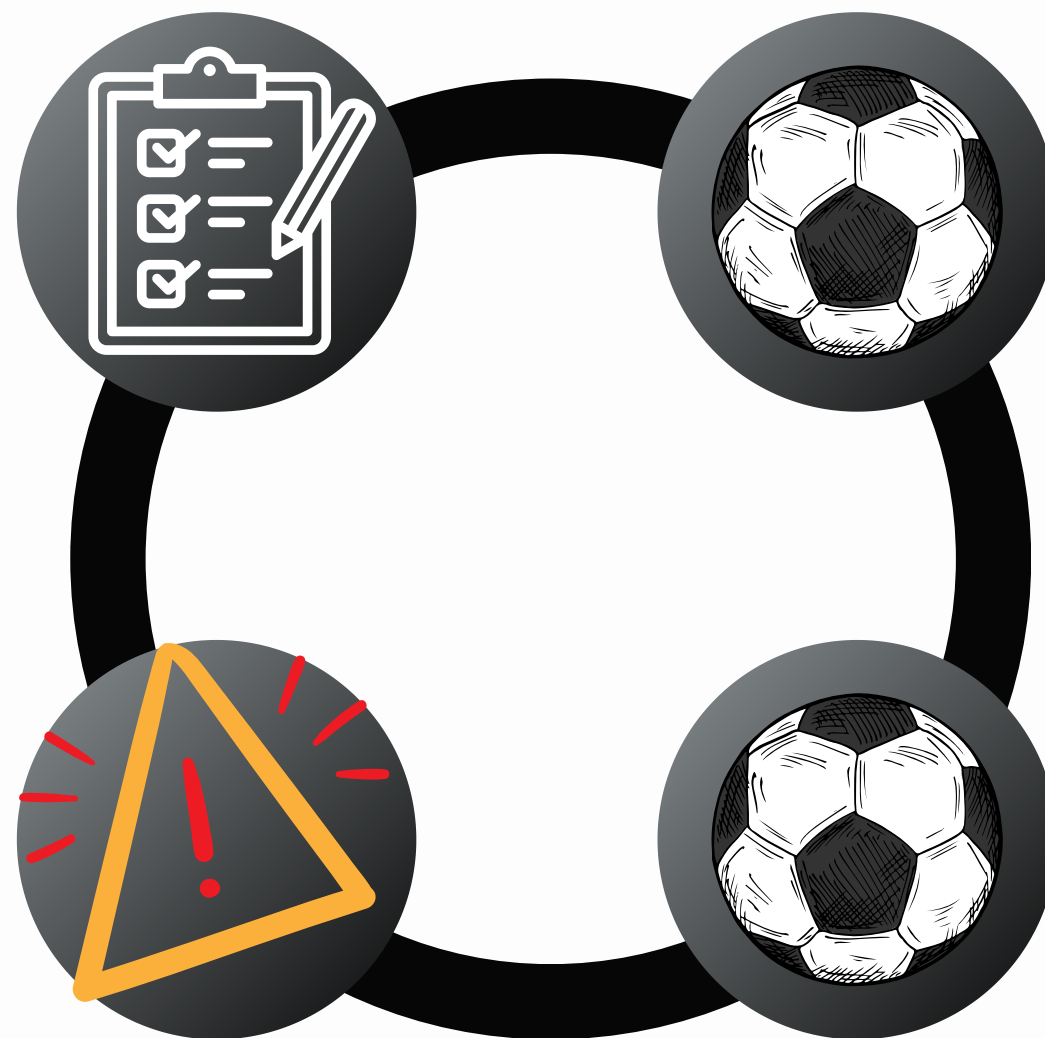
Evaluations (tryouts), are a product of the US Soccer culture. We have restructured our process to better align with best practice for the players experience. Tryouts are traditionally a snapshot of a players performance in a given moment, this does not effectively support a development pathway. We constantly evaluate players throughout the season, with flexibility of movement for what's best for the individual and not the team.

WHAT IS BEING EVALUATED

U8 Training Pool, U9, and U10, are evaluating the club, does our philosophy match your needs, does the player enjoy the session. Older players are evaluated against a development pathway, aligned to the Game Model, incorporating all four pillars of development.

IMPORTANT KEY POINTS

- Evaluations are a snapshot of ability, rate of development will fluctuate.
- Evaluations are not pass/fail, it's the current level of play, and will continue to change into late teens.
- Evaluation of players continuous through the season. Players will move during the year to best support their needs over the outcome for a team.



EVALUATION 1

Players will be grouped based on rate of development from the season, and consideration of behavior, attitude, and commitment. New players will be grouped together and evaluated against the the player development pathway, assigned to a team that matches their current rate of development.

EVALUATION 2

Following the first evaluation, players will be moved into the team we believe will be the best fit to support their development. This will be a 'holding team', and once registration is completed the player will then be moved to the full team roster.



WHAT IS BEING EVALUATED

CURRENT AND NEW PLAYERS

Current players are evaluated throughout the season, coaches and directors meet periodically to discuss the support and challenge needs of players. Player IDP meetings supplement this process.

This supports the on going growth of the player, and for individual players to have direction for their own individual training, an ongoing process throughout the season.

Current players are additionally evaluated based upon alignment to club behaviors and values, commitment, and coachability.

All players, new and current, are evaluated against a development pathway.

WHAT IS BEING EVALUATED

PHASE	PILLAR	PLAYER ELEMENT	
FOUNDATION	TECHNICAL	1 v 1 Confrontations	Variety of footwork, understanding of space to attack, ability to unbalance opponent. Apply pressure, at angles, affect opponents space and decision.
		Variety of Striking Tech	Different surfaces used to either shoot or pass the ball. Understanding of surface to use in situation.
		Ball Manipulation	Ability to move the ball with a variety of surfaces in tight spaces to create space, perform footwork to unbalance opponent.
		Receiving	Movement and body position to receive the ball. Presents appropriate surface. Controls the ball to set up the next action. Awareness of space when receiving.
		Ability w/ Both Feet	Uses both feet to dribble, pass, strike, and receive the ball. Ability to play between both feet in actions.
	PSYCH	Confidence	Willingness to have possession of the ball. Not afraid to make mistakes. Communicates with others. Confident to engage in 1v1 in recovery of the ball.
		Communication	How the individual speaks to others. Does the individual listen to others. Do they engage in problem solving. Organizes teammates to regain possession.
	PHYS	Agility	Ability to change direction at speeds. Body movement in tight spaces. Foot speed in short distances with multiple turns and directions.
		Speed, Acceleration	Increase in speed from slower actions or static start.
TAC	When to Dribble/Pass	Recognition of spaces, decision making to overcome opponent. Approaches at angles to cut off opponents support.	
DEVELOPMENT	PSYCH	Control	Is able to overcome adversity within game situations, responds positively to a variety of situations. Is calm in decision making and emotions.
		Commitment	Willingness to join attack and be available for supporting actions. Desire to compete. Desire to regain possession.
	PHYS	Speed Endurance	Ability to maintain high levels of speed over extended distances, repeated sprint actions with limited rest.
		Power	Burst of high intensity actions, acceleration, jumping, strike power, holding off opponents.
	TAC	Support in Spaces	Active and passive movements in close support of teammates, positioning to beat opponents near and far. Defending passing channels to intercept opponents.
		Creation of Space	Active and passive movements to draw opponents, vertical runs to break lines and carry opponents out of attacking spaces.
PERFORMANCE	PSYCH	Concentration	Constant engagement in the game, maintains focus w/out distraction from external sources. Sticks to task, reading game, while communicating. Consistently good decisions.
		Aerobic Conditioning	Ability to complete the activity in the desired allotted time, either game or practice. Can cover large distances with limited recovery time.
	TAC	Anticipation	Looks beyond current action in reading the game to increase speed of play through thought. Recognizes attacking runs and passes. Breaks down opponents attacks.



Monday - May 5th	Evaluation 1	
Age Group	Time	Location
2017 Boys	5:00pm to 6:10pm	Central Park Soccer Complex Turf Fields 10
2013 Boys	5:00pm to 6:10pm	Central Park Soccer Complex Turf Fields 9
2015 Boys	6:15pm to 7:25pm	Central Park Soccer Complex Turf Fields 10
2016 / 2017 Girls	6:15pm to 7:25pm	Central Park Soccer Complex Turf Fields 9
2014 / 2015 Girls	6:15pm to 7:25pm	Central Park Soccer Complex Turf Fields 9
Tuesday - May 6th	Evaluation 1	
Age Group	Time	Location
2016 Boys	5:00pm to 6:10pm	Central Park Soccer Complex Turf Fields 10
2014 Boys	6:15pm to 7:25pm	Central Park Soccer Complex Turf Fields 10
2012 / 2013 Girls	6:15pm to 7:25pm	Central Park Soccer Complex Turf Fields 9
2012 Boys	7.30pm to 8.50	Central Park Soccer Complex Turf Fields 10



Monday - May 12th		Evaluation 2	
Age Group	Time	Location	
2017 Boys	5:00pm to 6:15pm	Central Park Soccer Complex Turf Fields 10	
2013 Boys	5:00pm to 6:15pm	Central Park Soccer Complex Turf Fields 9	
2015 Boys	6:25pm to 7:25pm	Central Park Soccer Complex Turf Fields 10	
2016 / 2017 Girls	6:25pm to 7:25pm	Central Park Soccer Complex Turf Fields 9	
2014 / 2015 Girls	6:25pm to 7:25pm	Central Park Soccer Complex Turf Fields 9	
Tuesday - May 13th		Evaluation 2	
Age Group	Time	Location	
2016 Boys	5:00pm to 6:15pm	Central Park Soccer Complex Turf Fields 10	
2014 Boys	6:25pm to 7:25pm	Central Park Soccer Complex Turf Fields 10	
2012 / 2013 Girls	6:25pm to 7:25pm	Central Park Soccer Complex Turf Fields 9	
2012 Boys	7.30pm to 8.50pm	Central Park Soccer Complex Turf Fields 10	
Wednesday - May 14th		Evaluation 2	
Age Group	Time	Location	
2018 / 2019 Boys	5:00pm to 6:15pm	Central Park Soccer Complex Turf Fields 10	
2018 / 2019 Girls	5:00pm to 6:15pm	Central Park Soccer Complex Turf Fields 9	



Wednesday - May 21st	Evaluation 1	
Age Group	Time	Location
2011 Girls	6:00pm to 7:20pm	Central Park Soccer Complex Turf Fields 9
2011 Boys	6:00pm to 7:20pm	Central Park Soccer Complex Turf Fields 10
2010 Boys	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 10
Thursday - May 22nd	Evaluation 1	
Age Group	Time	Location
Senior Boys	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 10
Senior Girls	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 9



Wednesday - May 28th		Evaluation 2	
Age Group	Time	Location	
2011 Girls	6:00pm to 7:20pm	Central Park Soccer Complex Turf Fields 9	
2011 Boys	6:00pm to 7:20pm	Central Park Soccer Complex Turf Fields 10	
2010 Boys	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 10	
Thursday - May 29th		Evaluation 2	
Age Group	Time	Location	
Senior Boys	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 10	
Senior Girls	7:30pm to 8:50pm	Central Park Soccer Complex Turf Fields 9	

- Each player will be assigned to a training group, this group will be shown as the name in your TeamSnap app.
- Enter the training area from the car park located between the fields and the tennis courts. The exit from the field will be from the gate next to the play park on the opposite side from the entrance.
- There is no check-in at the field, coaches will mark attendance on their evaluation sheets. Players will not be given a number, the coaching staff will use players' names as a sign of respect and to start building relationships with players.
- Upon arrival, players will be placed into an activity area, at this time we ask for parents to wait just inside the fence, where the Director of Coaching for the age group will have a brief introduction with all parents. Following the meeting, please move outside of the fenced area.
- Every player must wear appropriate soccer clothing, cleats, shin pads, and bring with them a ball (pumped up and appropriate size), and plenty of water.



"TEAMS DON'T LEARN.
INDIVIDUALS WITHIN THE TEAM
LEARN. DEVELOPMENT IS A
PERSONAL PROCESS EVEN
WHEN CONDUCTED IN A TEAM
ENVIRONMENT".

JOHAN CRUYFF 1947 – 2016



Following the evaluations, you will be assigned to a team, provided with an age specific parent engagement workshop invite, and will receive A registration link for the season

For More Information:

 **info@fremontyouthsoccer.com**

 **www.fremontyouthsoccer.com**